



# JOHN

*the Beloved*

## **SUGGESTIONS FOR MAKING CONFIRMATION MORE MEANINGFUL**

***Confirmation is an awesome Sacrament and a great gift from God! Like all gifts, the giver can only wrap and present it. It is up to the person receiving the gift to open the gift and to accept it. Below is a list of things that you can do to “open” the gift of Confirmation. If you do all or some of the suggestions, the gift will be more meaningful and worth opening.***

1. Participate in the sacramental and liturgical life of the parish – specifically Sunday Eucharist.
2. Invite your sponsor to share a meal with you and ask your sponsor what their experience of was like and what Jesus means to them in life now.
3. Invite your sponsor to attend a prayer experience with you such as Adoration, Penance Service, Stations of the Cross, Encounter or any other experiences offered by the Catholic faith.
4. Attend the Confirmation Retreat.
5. Pray daily. Even it is only a Hail Mary or an Our Father, Act of Contrition, but it is best to pray in your own words.
6. Read about the Saints. <http://www.americancatholic.org/features/saintofday>
7. Do a service project that is meaningful to you and that will help someone in a major way.
8. Ask your parents what their Confirmation name was and why they chose it. Ask you parents what their Confirmation was like and what it means to them today.



***It is a journey into an ever-growing, ever-maturing faith, not the end of religious formation.***